



BlueCross BlueShield of Texas



Virtual Visits Are a Timely Solution in a Stay-at-Home World

You've followed all of the rules for staying healthy in a socially-distant world. But you still got sick. The doctor's office is closed, so what do you do?

Consult with a doctor without ever leaving home. Virtual Visits, provided through Blue Cross and Blue Shield of Texas (BCBSTX) and powered by MDLIVE®, provide fast access to a doctor by phone, online video or mobile app.

Powered by
MDLIVE®

Don't risk crowded doctors' offices, or waiting weeks for an appointment, or costly urgent care or ER bills. Your Virtual Visits benefit feature:

- 24/7 access to an independently contracted, board-certified MDLIVE doctor
- Access via phone, online video or mobile app from almost anywhere
- Average wait time of 10-15 minutes

Virtual Visits are a convenient alternative for treatment of more than 80 health conditions, including:

- Allergies
- Cold/Flu
- Fever
- Headaches
- Nausea
- Sinus infections

Virtual Visit doctors can even send an e-prescription to your local pharmacy.



Activate your MDLIVE account today:

- Call MDLIVE at 888-680-8646
- Go to MDLIVE.com/bcbstx
- Text BCBSTX to 635-483
- Download the MDLIVE app



Virtual Visits may not be available on all plans. Non-emergency medical service in Montana and New Mexico is limited to interactive online video. Non-emergency medical service in Arkansas and Idaho is limited to interactive online video for initial consultation.

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